



Weston Turville U3A Newsletter

March 2020

IMPORTANT MESSAGE

The Weston Turville U3A is following government and NHS advice on coronavirus which states that everyone should stop non-essential contact with others and adopt social distancing. People in “at risk” groups are to be shielded from social contact for 12 weeks and those who should take particular care to minimise the risk of social contact are those over the age of 70.

Many of our group leaders and event organisers have asked us whether to cancel or postpone their meetings and interest groups. Therefore, all Weston Turville U3A meetings, group events and activities are suspended until 1st July 2020.

Note: Should any group leader wish to continue their group’s activity, this must be done on a social basis and will be outside the U3A’s “wrapper”. This means the activity will not be covered by the U3A’s insurance policy. In these cases it is suggested that participants should sign a waiver to recognise that their involvement is voluntary and at their own risk. Participants should take all recommended precautions and ensure they are in good health and have not been exposed to anyone who is, or thought to be, a Coronavirus carrier, within the past 14 days.

At the same time, the Committee have agreed to suspend all membership renewals until 1st July 2020. More information on this will be forwarded shortly.

The Weston Turville U3A is a wonderful community and we want to encourage members to share their ideas with us and to help support each other over the coming months especially those who will be facing increased isolation and loneliness.

The committee and individual members are coming up with ways to keep in touch with each other and stay connected and we will keep you informed and updated of any changes and new guidance from the government and the U3A headquarters.

In the meantime please keep safe, look after your own well-being and that of others when you can.

If you have any questions please contact me by email; chairman@wtu3a.org.uk

Ken Shaw - Chairman

Remember to check the website www.wtu3a.org.uk for more up to date information and for any old newsletters and articles. Use the Search box or tag words on the right of the page. WTU3A has its own Facebook page with lots of photos on. Search for it, ask to join and within no time at all you could be viewing the albums.

NEWS FROM THE GROUPS

Trips What a shame that the visit to London for “The Shard, The Bard, The Bishops and The Brothels” has succumbed to the coronavirus. Mandi Simons still has the cheques for the visit and will gladly destroy them. Please get in touch with her if you want them returned – at great expense!!

Local History All events scheduled for the next few months March, April, May and June have had to be cancelled. With no events planned for July and August, the next meeting will hopefully be on the last Tuesday of September

Science & Technology The Milton Keynes Museum visit on 31st March has been postponed is rescheduled for **Tuesday 3rd November**. Keep an eye out for details of all the other group’s visits in forthcoming newsletter or on the website or directly from John Beer on science@wtu3a.org.uk

Isle of Wight trip First the bad news – it has been called off. Secondly the good news – it has been rearranged for the same weekend next year (starting **Friday 11th June 2021**). All arrangements will remain the same.

VILLAGE FETE Thanks to everyone who offered to man the stand at the village fete. Alas, like everything else it has been cancelled

THAMES VALLEY NETWORK All the study days have been cancelled and will be rescheduled as soon as practical.

PACE 2020 BIG WALK This was mentioned last month and nothing seems to have been decided yet as to whether it will go ahead. If so it is on Saturday 25th April. There is a choice of three walks along the Ridgeway. The 18 miler is from Watlington to Wendover, the 12 mile walk from Chinnor to Wendover and the 6 mile trek is from Princes Risborough to Wendover. A coach will take you from Wendover to your respective start. Further details and registration forms from: www.thepacecentre.org

So amidst all this doom and gloom here are some more fun ideas on what we can do when we are self-isolating or social distancing

1. Clear out your wardrobe. Dedicate your new found time to sorting out your clothes, ditching clothes you haven’t worn for a time and co-ordinating clothes so they are easier to find in the mornings.

2. Read a book. You now have time to read that book that has been sat on your shelf for months.

3. Binge watch those boxsets. Now you have time to watch Game of Thrones or Grey’s Anatomy and can commit time to watching other people’s dramas.

4. Do a crossword or Suduko. If you are looking for something a bit more challenging see how far you can get with these puzzles. There are many online ones so you can stay at home and do them.

5. Plant some flowers. Inject some colour into your house and garden by planting flowers.

More ideas next month

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