



Weston Turville U3A Newsletter

November 2017



NEWS FROM THE CHAIRMAN: This is the last newsletter of the year so I would like to wish you all a very **Happy Christmas** from myself and all the committee. We hope to see you all in the new year where we will have more opportunities to make new friends, learn new things, visit new places and maybe even participate in new adventures!

There has been a lot of 'chatter' from both National, Regional and local U3A's over the past few months about members health and what to do if someone on a visit or at a meeting becomes ill. Would you know who to contact? Do you know what medication they take? Our U3A has already had people trained up in emergency first aid, which we are pleased to report has only been required for a couple of minor incidents so far: but should the unthinkable occur and someone became seriously unwell, we would be unable to advise the hospital of important

details. As a result we are getting some 'Next of Kin' cards made up with spaces for you to write your emergency contact details and serious allergies, important medication etc. on. These will be the size of a credit card so will fit easily into your purse or wallet. For obvious reasons they only work if you carry them around and whilst we sincerely hope they are never required by us, they can be useful when you are doing other things as well! For those people that carry mobile phones around, there is a facility for putting ICE (in case of emergency) details on the front screen of your phone so people do not need to unlock your phone to find the ICE contacts list. I cannot give you instructions on how to do this as all phones are slightly different but on the lock phone screen there is normally a red telephone icon; if you slide this it opens up emergency contacts and you can add as many as you want. If you are unsure on how to do it please check Google or You Tube for your own make of mobile! We hope to have these cards in January and will be distributing them at and after the January monthly meeting.

As you will see later in this newsletter there are some changes to group leaders for existing groups. There is though, a group, which is well attended and popular that is having trouble getting a replacement leader to facilitate the meetings. Whilst I won't give you details of the group, it is fair to say that the group will close if no one steps forward. It is a timely reminder for us all that we are all responsible in the running of a group: it should not be left to one individual to arrange everything. The group leader may be the first port of contact, and make the final decisions etc. but every person attending the group should contribute ideas, help, or volunteer to assist when appropriate. If one person has to do it all we will see more groups closing down for want of a lack of participation from attendees! Please help when you can. Pat Housego.

MONTHLY MEETING: Our meeting on Thursday 23rd November is a special Christmas one. As previously mentioned there will be displays of work by the art group, the patchwork group, digital photography group, flower arranging group, craft group and film group. It is not too late if other groups which to advertise their groups! Some of these groups have items for sale or raffle to help us raise money for Children in Need. There will also be the Bring and Buy sale and again, all money made will be given to Children In Need. Please bring any items (new or unused) to the hall just before 2pm or at any time during the afternoon. Christmas refreshments will be available all afternoon until we run out! We will start at 2pm and please don't arrive before unless you are dropping off goods or setting up displays as you will be asked to wait.

WTU3A 2018 CHRISTMAS LUNCH: We haven't had this year's U3A Christmas lunch yet but put this date in your diary for next year.....Friday 14th December 2018.

VISITING CHURCHES: Odette Harris and Geoffrey Howell have kindly agreed to organise the Church Visits Group from 2018. Odette will deal with all 'admin' (e.g. emails, notices, lists amendments, telephone calls etc.) and be your point of contact. Geoffrey, a retired vicar, will choose and liaise with the churches involved. Thank you from John and Margaret for supporting us over the past 4 years. We now have 48 active members and have visited 31 churches in these 4 years. Regards.....John and Margaret. (Rtd)

Remember to check the website www.wtu3a.org.uk for more up to date information and for any old newsletters and articles. Use the Search box or tag words on the right of the page. WTU3A has its own Facebook page with lots of photos on. Search for it, ask to join and within no time at all you could be viewing the albums.

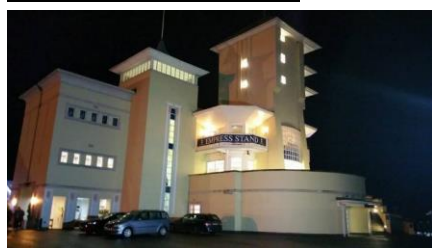
GARDEN VISITS: I have been busy booking visits for next year and here are some already booked: February 28th Meadow Cottage, Watlington, Oxon. 27th March Cliveden House, Taplow. NT. Garden Tour starts at Cliveden at 11.15am. Car share. 19th April; Hall Barn, Old Beaconsfield. Garden visit starts at Hall Barn at 11.15am. Car share. 22nd May; Red Kites, Bledlow Ridge. NGS. Garden visit starts at 2.15pm. 14th June Greys Court, Henley on Thames. By coach. Guided tour of gardens starts at 1.15pm. All gardens will have refreshments available. Details will be sent out nearer the time. For the full years visits please see our diary entry on the WTU3A website. May I thank you for your support this past year and wish you a happy and peaceful Christmas and enjoy looking at all the seed catalogues dreaming about your gardens next year! Gaynor Edwards.

OVERSEAS NEWS:

Tring U3A is holding a 10 year celebratory event on Thursday 14th December 2017 at Victoria Hall, Akeman Street, Tring, HP23 6AA. It runs from 10 to 3pm and all our welcome to attend. Interest Groups will be displaying some of their wares and activities.

Host volunteers required: Host is a UK wide charity which promotes international friendship and cultural exchange. We are looking for friendly people to act as volunteer hosts to share their culture and customs for a day, a weekend, or 3 days at Christmas. Their significance for hosts and guests is much greater than their length suggests. Hosts meet interesting, well-educated adults keen to talk about their own culture; look at their own country through other eyes; and have the pleasure of offering a worthwhile experience and a little home-from-home for a short time, to people far from their own families. Why not meet each other, learn to understand one another, and make the world a kinder, friendlier, more welcoming place? If you think you can help particularly this Christmas please contact Host at www.hostuk.org; they are waiting to hear from you.

EXTREME VISITS: Extreme “Gone to the Dogs”; Trip Report 7 November – Towcester.



Well we came we saw and some folks won money!
50 on the coach, plus 3 in the car and we got there on time despite the weather! We received a warm reception from Towcester staff, a very good meal, quick service and excellent facilities etc. Everyone had great fun - very enjoyable outing and all back before we turned into pumpkins despite a closed road that meant we had to divert through Bletchley!

(Photo from Steve Howell)

There will now be a brief pause. Real life has created a pause in the Extreme Calendar, Damian, Trevor and Adrian are even on different continents! Normal service will be resumed in the New Year.

Season’s Greetings to everyone.

For an Extreme experience or to add to our photo album, contact the Extreme Team at extreme@WTU3A.org.uk Tel 0777 150 6055

As it is the Christmas season and time for fun and games I thought I would give you a give you a seasonal puzzle or two to help you through the dark nights. Enjoy!

Christmas Crossword

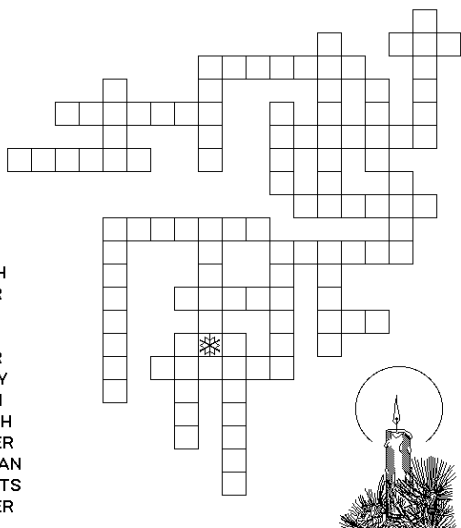
Make all the words fit into this crossword.
Each word is only used once.

Holiday Tunes

- Away in a Manger
- Choir of the Bells
- Dominick the Donkey
- Frosty the Snowman
- Holly Jolly Christmas
- Jingle Bell Rock
- Jingle Bells
- Let it Snow
- Little Drummer Boy
- Little St Nick
- O Holy Night
- Rudolph
- Santa Baby
- Silent Nigh
- Silver Bells
- The Christmas Song
- The First Noel
- Winter Wonderland

A large grid of letters for a word search puzzle. The letters are arranged in a grid with some letters highlighted in a decorative font.

- ELF
- TOY
- GIFT
- BELL
- TREE
- STAR
- SANTA
- COMET
- CUPID
- VIXEN
- CANDY
- FROSTY
- WREATH
- DASHER
- DONNER
- SLEIGH
- DANCER
- CHIMNEY
- BLITZEN
- RUDOLPH
- PRANCER
- SNOWMAN
- PRESENDS
- REINDEER



Chicken Scratch NY

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Remember to check the website www.wtu3a.org.uk for more up to date information and for any old newsletters and articles. Use the Search box or tag words on the right of the page. WTU3A has its own Facebook page with lots of photos on. Search for it, ask to join and within no time at all you could be viewing the albums.